

GARA	PROMESSE UOMINI
60	7.00 (i); 100m: 10.84 (o); 55m: 6.56 (i) ; 50m: 6.12 (i)
400	49.94 (i); 49.14 (o); 400hs: 53.14; 200m: 22.24 (*)
800 (**)	1:57.00 (i); 1:55.00 (o); 1500m: 3:55.00 (*)
1500 (**)	<b>4:01.00 (i); 3:58.00 (o)</b> ; 800m: 1:55.50 (i), 1:53.00 (o); 3000: 8:29.00 (*); 3000st 9:02.00
3000 (**)	8.38.00(i); 8.32.00(o); 1500: 3.54.00(*); 5000: 14:26.00 (o); 3000st.: 9:10.00
60 HS	8.84 (i); 110hs: 15.54 (o); 55hs: 8.24 (i); 50hs: 7.64; Juniores '18 H 1m.: 110hs: 15.04
ALTO	1.98 (*)
ASTA	4.30 (*)
LUNGO	6.90 (*)
TRIPLO	14.10 (*)
PESO	13.00 (*) - Juniores '18 kg.6: 14.00
MARCIA 5000 (**)	24.30.00 (*); 10km pista-strada: 50.00.00 (o) - 3000m: 14:10.00
EPTATHLON (***)	4000; decathlon: 5300; Juniores '17: 5500 (decathlon jun.); 4100 (eptathlon jun.)
4 x 200	<i>senza minimo</i>

GARA	PROMESSE DONNE
60	7.90 (i); 100m: <b>12.30</b> (o); 55m: <b>7.38</b> (i) ; 50m: <b>6.88</b> (i)
400	59.10 (i); 58.30 (o); 400hs: 1:02.14; 200m: 25.50 (*)
800 (**)	2.21.00 (i); 2.17.50 (o); 1500m: 4:40.00 (*)
1500 (**)	4:50.00 (i); 4.45.00 (o); 800: 2:18.00 (i), 2:15.00 (o); 3000m: 10:10.00 (*); 3000st 10:45.00
3000 (**)	10:10.00 (*); 5000m: 17:00.00 (o); 1500m: 4:41.00 (*); 3000st.: 10:55.00
60 HS	9.24 (i); 100hs: 15.24 (o); 55hs: 8.64 (i); 50hs: 8.04 (i)
ALTO	1.63 (*)
ASTA	3.20 (*)
LUNGO	5.45 (*)
TRIPLO	11.40 (*)
PESO	10.60 (*)
MARCIA 3000 (**)	16.20.00 (*); 5000m: 27.40.00 (o); 10km pista-strada: 56:40.00
PENTATHLON (***)	2900; eptathlon: 3900
4 x 200	<i>senza minimo</i>